

USA Jr. Spirit Nationals Divisions for 2009-2010

Show Cheer -- Advanced			
Mighty Mites	• 5 - 8 Years Old	• Female/Male	• 6- 36 Members
Jr. Pee Wee	• 8 - 10 Years Old	• Female/Male	• 6- 36 Members
Pee Wee	• 9 - 11 Years Old	• Female/Male	• 6- 36 Members
Pee Wee Open	• 11 Years Old and Younger	• Female/Male	• 6- 36 Members
Jr. Midget	• 10 - 12 Years Old	• Female/Male	• 6- 36 Members
Midget	• 11 - 15 Years Old	• Female/Male	• 6- 36 Members
Midget Open	• 15 Years Old and Younger	• Female/Male	• 6- 36 Members
Elementary	• 6th Grade and Younger	• Female/Male	• 6- 36 Members
Jr. High	• 9th Grade and Younger	• Female (1 Male)	• 6- 36 Members
Jr. High Co-Ed	• 9th Grade and Younger	• 2+ males	• 6- 36 Members
Show Cheer -- Novice			
Mighty Mites	• 5 - 8 Years Old	• Female/Male	• 6- 36 Members
Jr. Pee Wee	• 8 - 10 Years Old	• Female/Male	• 6- 36 Members
Pee Wee	• 9 - 11 Years Old	• Female/Male	• 6- 36 Members
Pee Wee Open	• 11 Years Old and Younger	• Female/Male	• 6- 36 Members
Jr. Midget	• 10 - 12 Years Old	• Female/Male	• 6- 36 Members
Midget	• 11 - 15 Years Old	• Female/Male	• 6- 36 Members
Midget Open	• 15 Years Old and Younger	• Female/Male	• 6- 36 Members
Elementary	• 6th Grade and Younger	• Female/Male	• 6- 36 Members
Jr. High	• 9th Grade and Younger	• Female (1 Male)	• 6- 36 Members
Jr. High Co-Ed	• 9th Grade and Younger	• 2+ males	• 6- 36 Members
Performance Cheer			
Mighty Mites	• 5 - 8 Years Old	• Female/Male	• 6- 36 Members
Jr. Pee Wee	• 8 - 10 Years Old	• Female/Male	• 6- 36 Members
Pee Wee	• 9 - 11 Years Old	• Female/Male	• 6- 36 Members
Jr. Midget	• 10 - 12 Years Old	• Female/Male	• 6- 36 Members
Midget	• 11 - 15 Years Old	• Female/Male	• 6- 36 Members
Elementary	• 6th Grade and Younger	• Female/Male	• 6- 36 Members
Jr. High	• 9th Grade and Younger	• Female/Male	• 6- 36 Members
Songleader/Pom			
Mighty Mites	• 5 - 8 Years Old	• Female/Male	• 3- 36 Members
Jr. Pee Wee	• 8 - 10 Years Old	• Female/Male	• 3- 36 Members
Pee Wee	• 9 - 11 Years Old	• Female/Male	• 3- 36 Members
Pee Wee Open	• 11 Years Old and Younger	• Female/Male	• 3- 36 Members
Jr. Midget	• 10 - 12 Years Old	• Female/Male	• 3- 36 Members
Midget	• 11 - 15 Years Old	• Female/Male	• 3- 36 Members
Midget Open	• 15 Years Old and Younger	• Female/Male	• 3- 36 Members
Elementary	• 6th Grade and Younger	• Female/Male	• 3- 36 Members
Jr. High	• 9th Grade and Younger	• Female/Male	• 3- 36 Members
Group Stunt			
Jr. High	• 9th Grade and Younger	• All Female or All Male	• 4-5 Members

The United Spirit Association reserves the right to add, delete, combine and/or split divisions in the interest of competition.

Youth Sports teams - The age you are when you sign up for your youth football league is the age you use for competition.